

Active Parenting 1, 2, 3, 4

(For Parents of Preschool Children)

This three session Active Parenting series will provide parents with guidance and support to transform the challenges of raising their children into opportunities for growth. Participants will learn:

- Learn all about developmental stages of preschool aged children
- Distinguish three styles of parenting: “too hard”, “too soft”, and “just right”
- Learn the importance of building a parent/child bond, while emphasizing play
- Understand the importance of parent self-care and have parents begin developing a self-care plan
- Define discipline
- Understand the importance of choices with young children to prevent misbehavior
- Learn the ACT model for redirecting misbehavior
- Using rules consistently
- The importance of routines and expressing affection
- Understand the choice and consequences as a discipline method
- Handling tantrums
- Build awareness of how to encourage children
- Practice methods of encouragement

Learn how to become an encouraging parent ... and much more, including important issues such as alcohol and other drugs. Join us at the next session and see the difference ... as you make positive and realistic changes in your family's daily routine to gain greater happiness in your home!

Dates:	January 28, February 4, and February 11, 2011
Time:	9:00 a.m. until 11:00 a.m.
Location:	Baudhuin Preschool 7600 SW 36th Street, Building 200 Davie, FL 33328
Presenters:	Lori Sugar, Preschool ESE Program Specialist, Broward County Public Schools, Certified Active Parenting Leader

Dates:	January 25, February 8, and February 22, 2011
Time:	6:30 p.m. until 8:30 p.m.
Location:	Mirror Lake Elementary (Media Center) 1200 NW 72nd Avenue Plantation, FL 33313
Presenter:	Gigi McIntire, Guidance Counselor, NBCT, Mirror Lake Elementary, Certified Active Parenting Leader

To register, contact Jane Derringer, FDLRS Program Specialist-Parent Services at 754-321-2211
or email jane.derringer@browardschools.com

ESE Parent Workshop Information is available on the ESE website
<http://www.broward.k12.fl.us/studentssupport/ese/html/WORKSHOP.htm>



The School Board of Broward County, Florida, prohibits any policy or procedure which results in discrimination on the basis of age, color, disability, gender, national origin, marital status, race, religion, or sexual orientation. Individuals who wish to file a discrimination and/or harassment complaint may call Equal Educational Opportunities (EEO) at (754) 321-2150 or Teletype Machine TTY (754) 321-2158. Individuals with disabilities requesting accommodations under the Americans with Disabilities Act (ADA) may call Equal Educational Opportunities (EEO) at (754) 321-2150 or Teletype Machine TTY (754) 321-2158.

